

FOREWORD

Greetings to all of us,

The spirit to provide the best encourages us to continue improving ourselves and make various improvements in managing Jurnal Ilmu Perilaku. It is with great pleasure that we present to you the seventh volume of the Journal of Indonesian Psychology (JIP). In this volume, we are delighted to bring forth a diverse array of articles that encompass an expansive spectrum of psychological inquiry. As always, our goal remains to foster an environment where scholarly exploration thrives, generating insights that contribute to both local and global understandings of human behavior and experience.

This volume comprises five articles, each offering valuable contributions to the realm of psychology. We extend our heartfelt appreciation to the diligent researchers whose dedication has enriched this edition with thought-provoking findings and discussions.

The first article delves into the wellspring of Indonesian adolescent national pride, shedding light on the sources and determinants that underlie this crucial aspect of identity. Following that, the second article navigates the intricate relationship between mindfulness and death anxiety, particularly within the context of middle adulthood. The third article takes us through an investigation of the Stroop task, adapted to the Indonesian version, uncovering its potential to induce the ego depletion effect.

The fourth article addresses a significant matter, estimating the effectiveness of an online intervention based on Cognitive Behavioral Therapy (CBT) to enhance anger management skills among junior high school students. Lastly, the fifth article explores the dynamics of adapting to the new normal, focusing on family resilience and self-disciplined behavior.

These articles collectively exemplify the dedication of scholars who strive to enhance our comprehension of psychological phenomena and offer pragmatic insights that can shape the lives of individuals and communities alike. We commend their efforts and express our gratitude for their invaluable contributions.

As we present this seventh volume, we extend our sincere gratitude to the authors, reviewers, editorial board members, and the entire academic community for their unwavering support. We would like to give our highest appreciation to all partner who have taken the time for helping us. It is through their willingness and volunteerism to that review the manuscript, JIP Unand continues to published and evolve as a platform for an intellectual growth.

To all readers, we also hope that some articles that we published can provide useful new insights and inspiration. May the knowledge shared within these pages stimulate dialogue, inspire new avenues of research, and contribute to the ongoing advancement of psychological science. In addition, we also invite all readers to publish their best manuscripts in our journal. We hope that our small endeavor can provide benefits and contribute to the development of psychology in Indonesia. Happy reading!

Greetings,

Editor.